

Head, Heart, and Hands Method

Hebrews 4:12 says, *“For the Word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.”*

Head: (Deals with fact.)

What does the story say (retell in your own words)?

Who are the characters?

What does it tell us about God and people?

Heart: (Deals with emotions.)

What do the characters experience and feel in the passage?

Look from multiple peoples perspective if possible.

How does it make you feel?

Hands: (Deals with Application.)

Are there specific commands in these verses?

What can we do specifically do in response?

Instructions:

During the “Look Up” part of the 3/3’s meeting, you can tell the Bible story, then read the story from the Bible. After telling and reading the story, first pray and ask the Holy Spirit to teach everyone how to understand and obey this passage (John 14:26). Next, ask these questions one at a time. The questions are open for anyone to answer from the Bible. As people answer from scripture, the Holy Spirit will teach everyone how to understand and obey God and His Word.

Facilitator Tips:

- Keep group focused on the passage you are studying for the week
- Ask for “verse reference” when a person gives an answer
- 70/30 rule - disciples should be talking 70% of time, facilitator 30% of time
- There is no need to preach - we want to give new disciples a simple model to reproduce
- Don’t be afraid of “awkward silence”